



Come and join our *Rise and Shine Playtime*

This is a FREE drop in program for parents/caregivers and their children 0 to 6 years



- Toys, crafts and other fun activities
- Meet new friends in a comfortable environment
- Healthy breakfast provided
- No registration required

***Parents/Caregivers are responsible for supervising their children*

Wednesday Mornings

starting October 3rd

9:30am until 11:00am

Pickering Location

1450 Kingston Road #17

Please contact Kim at 905-723-0036 x3205



Image goes here

Health Promotion and Community Development



Health Promotion Program Name Here



Carea Community Health Centre | 115 Grassmere Avenue | Oshawa, Ontario | L1H 3X7
T 905-723-0036 | F 905-723-3391 | E info@careachc.ca | W careachc.ca

Carea Community Health Centre staff is dedicated to creating an inclusive environment that welcomes diversity. Every One Matters! Every One is Welcome!

Accessibility: Carea Community Health Centre is committed to complying with all applicable standards as set out in the Accessibility for Ontarians with Disabilities Act, 2005 (AODA). If you have accessibility needs and require alternate formats or other accommodations please contact Paula Carter, Resource Development and Communications Manager at 905-723-0036 x 229 or pcarter@ochc.ca