

Children and Youth Mental Health

Come and join our *Harbourside Family Stay and Play*

This summer for a **FREE** program for children ages 0 to 6 years and their family, including older siblings.



- Co-operative games, crafts and other outdoor activities
- Meet new friends in a fun environment
- Healthy snack provided daily
- No registration required, come as often as you wish
- All programs are facilitated by trained, qualified staff

***Parents/Caregivers are responsible for supervising their children*

Monday Mornings

July 9th until August 27th

9:30am until 11:00am

Harbourside Community Room

Please contact Kim at 905-723-0036 x3205 or Barb at 905-259-3271



Care Community Health Centre | 115 Grassmere Avenue | Oshawa, Ontario | L1H 3X7
T 905-723-0036 | E info@careachc.ca | W careachc.ca

Care Community Health Centre staff is dedicated to creating an inclusive environment that welcomes diversity. Every One Matters! Every One is Welcome!

Accessibility: Care Community Health Centre is committed to complying with all applicable standards as set out in the Accessibility for Ontarians with Disabilities Act, 2005 (AODA). If you have accessibility needs and require alternate formats or other accommodations please contact our, Resource Development and Communications Manager at pcarter@careachc.ca

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Health Promotion and Community Development



Health Promotion Program Name Here



Carea Community Health Centre | 115 Grassmere Avenue | Oshawa, Ontario | L1H 3X7
T 905-723-0036 | F 905-723-3391 | E info@careachc.ca | W careachc.ca

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