

Consciousness

Yoga

Mindfulness

Meditation

Alex Petrogiani



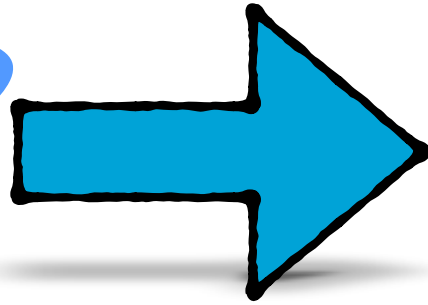
 Carea  
Community  
Health Centre

Spirit

Healthy

Carea Community Health Centre  
(360 Bayly St W, Ajax)  
6:30pm-7:45pm

July 5th 2018



Durham Regional  
Police Service

“Our Colours Youth Program is funded by ProAction Cops & Kids, a charitable organization that provides funding for Durham Region Police Programs for youth at risk.”



Join us  
@DRPS

is hosting a  
**Mindful  
Meditation  
Session**

@ the Colours Youth  
Program



905-428-1212