



GAIN



Hours:
Monday 8:30am–4:30pm
Tuesday 8:30am–4:30pm
Wednesday 8:30am–4:30pm
Thursday 8:30am–4:30pm
Friday 8:30am–4:30pm
We are located at Taunton Mills
3790 Brock Street N
Whitby, ON
905-723-0036 x1409
www.careachc.ca



GERIATRIC ASSESSMENT INTERVENTION NETWORK



Carea Community Health Centre staff is dedicated to creating an inclusive environment that welcomes diversity. Every One Matters! Every One is Welcome!
Accessibility: Carea Community Health Centre is committed to complying with all applicable standards as set out in the Accessibility for Ontarians with Disabilities Act, 2005 (AODA). If you have accessibility needs and require alternate formats or other accommodations please contact our Resource Development and Communications Manager at 905-723-0036 x 1229

The Geriatric Assessment Intervention Network

What is a GAIN Team?

GAIN teams serve seniors, typically aged 75+, living at home or in retirement residences who are frail and require comprehensive assessment. This may include people experiencing:

- Multiple complex medical, functional, mental health and psychosocial problems
- Recent functional or cognitive decline
- Frequent falls, or those at risk of falling

GAIN teams provide comprehensive, inter-professional geriatric assessments and work with older people and their families to develop personalized senior care plans to assist seniors to remain in their homes.

GAIN teams collaborate with primary care providers and other services in the implementation of care plans.

GAIN is focused on frail older adults avoiding hospitalization and institutionalization, enabling them to stay where they want to live, which is at home.

GAIN Program Goals Include:

- Reducing unnecessary emergency department visits, hospital admissions and institutionalization
- Increasing capacity for frail older adults to remain in the community
- Providing comprehensive inter-professional geriatric/gerontological care
- Providing Senior Friendly care and services to GAIN clients
- Improving integration of services between primary care, home/community care, and acute care

GAIN Community Teams support seniors at home and in the community. Our GAIN care team consists of:

- Nurse Practitioners
- Social Workers
- Pharmacists
- Personal Support Workers
- Occupational Therapists
- Dietitian

Ongoing Programs Provide:

- Elderly Programming
- Social Events
- Elder Abuse Awareness

What to Expect in your Appointment:

You will receive a full assessment and treatment plan as needed. **Please have available:**

- Walking Aids
- Eye Glasses
- Hearing Aids
- All medications, including over the counter

GAIN is enhancing health outcomes for frail older adults. There are an estimated 96,573 seniors in the Central East LHIN who may be considered frail.

GAIN is part of an array of services funded by the Central East LHIN that are intended to enhance health outcomes for frail seniors.

You can access our services through:

- Self Referral
- Doctor Referral
- Family Referral

Our team is also a mobile team for non ambulatory cases. Please call us to receive your intake forms and to make an appointment.



Ensuring the best quality of life for frail older adults and their families.
